

## *ayicina* Garlic

### **Oral liquid as Complementary Treatment for High Blood Pressure, Heart Care**

Cardiovascular disease refers to any disease that affects the cardiovascular system. The causes of cardiovascular disease are diverse but atherosclerosis and hypertension are the most common.

Atherosclerosis is a condition that develops when a substance called plaque builds up in the walls of the arteries. This build-up is promoted by low-density lipoproteins (LDL), narrowing the arteries and making it harder for blood to flow through. If a blood clot forms, it can stop the blood flow and can cause a heart attack or stroke.

Hypertension is defined as a consistently elevated blood pressure exceeding 140/90 mm Hg. It is called "the silent killer" because it often causes no symptoms for many years, even decades, until it finally damages certain critical organs.

*ayicina* Garlic oral liquid is a pure herbal extract produced from "*Allium sativum* L.", which is cardio protective and effective in decreasing blood LDL and pressure, without any side effect.

Garlic with having active substances like allicin is effective in prevention and control of cardiovascular disorders and is beneficial when taken as a dietary supplement.

Take one spoon, three or four times a day.

#### **Notes:**

- Garlic may increase the risk of bleeding and should be discontinued at least 10 days before elective surgery.
- Not to be used while breastfeeding.
- Keep out of reach of children.