

# ayicina

## Rose oral drop TS

### **Anti-depressant/ Aphrodisiac/ Bring joy and happiness**

- Depression is a major public health problem and a leading predictor of functional disability and mortality. It is highly prevalent throughout the world and the prevalence appears to be increasing.
- The World Health Organization ranks depression among the most burdensome diseases in the world because of its undesirable side effects include loss of interest in most or all activities, insomnia or hypersomnia, change in appetite or weight, change in libido, psychomotor retardation or agitation, low energy, poor concentration, thoughts of worthlessness or guilt and recurrent thoughts about death or suicide. Depression can be considered the final pathway of different disease processes that occur across a biopsychosocial continuum.
- Decreased libido disproportionately affects patients with depression. The relationship between depression and decreased libido may be blurred, but treating one condition frequently improves the other.

ayicina Rose oral drop, as a pure herbal essential oil produced from "*Rosa damascena*" is effective in prevention and treatment of depression and decreased libido.

- Reduction of stimulatory monoamines such as serotonin and noradrenaline is one of the main causes of depression. Rose active substances increase the amount of these neurotransmitters in synaptic area by inhibition of monoamine oxidase enzyme.
- Rose oral drop inhibits the reuptake of serotonin and noradrenaline which resulted in elevation of these stimulatory neurotransmitters.
- The active substances of rose have also the ability to inhibit phosphodiesterase-5 and improve blood flow to sexual organs and increase libido but it did not show the common side effects of chemical phosphodiesterase inhibitors.

Three times a day, each time 3-5 drop in a glass of water or juice.

### **Notes:**

- Rose drop is not to be used during pregnancy.
- Keep out of reach of children.